

5000 meter Mas Dames W35 W40 W45 Uur=23:57

Reeks:1

| | | | | | | | |
|----|------|---------------------|------|----------|-----|----|---------|
| 1 | 3128 | Semlali Zaina | RIWA | 18'44.09 | W45 | 69 | BK1 W45 |
| 2 | 4101 | Hertveldt Heidi | HCO | 18'46.08 | W40 | 75 | BK1 W40 |
| 3 | 2726 | Detrez Martine | RFCL | 18'49.08 | W45 | 70 | BK2 W45 |
| 4 | 4076 | Mox Kristien | DAC | 19'14.04 | W35 | 78 | BK1 W35 |
| 5 | 3492 | Hindryckx Hilde | AVR | 19'34.57 | W40 | 76 | BK2 W40 |
| 6 | 4262 | Parmentier Ann | AZW | 19'50.17 | W35 | 79 | BK2 W35 |
| 7 | 2809 | Jouniaux Francoise | SMAC | 19'59.87 | W45 | 70 | BK3 W45 |
| 8 | 3796 | Van Lierde Lisbeth | ACG | 20'41.06 | W40 | 73 | BK3 W40 |
| 9 | 3624 | Vanhessche Hilde | KAAG | 20'52.82 | W45 | 71 | |
| 10 | 3697 | Peeters Karen | BONH | 21'06.20 | W45 | 68 | |
| 11 | 4319 | Laeveren Kristien | SPBO | 21'23.46 | W40 | 77 | |
| 12 | 4360 | D'haeninck Nathalie | RCG | 22'12.76 | W40 | 75 | |

5000 meter Mas Dames W50+ Uur=00:00

Reeks:1

| | | | | | | | |
|----|------|-------------------------|------|----------|-----|----|------------|
| 1 | 3867 | Steenhaut Kathleen | VS | 18'36.59 | W50 | 66 | BK1 W50 BR |
| 2 | 4055 | Van Der Hoeven Jeannine | ROBA | 18'49.14 | W50 | 66 | BK2 W50 |
| 3 | 4265 | Dejaeghere Sabine | AVR | 19'11.92 | W50 | 66 | BK3 W50 |
| 4 | 3531 | Willekens Marijke | DCLA | 19'48.03 | W50 | 63 | |
| 5 | 3954 | Bongaerts Patricia | BVAC | 20'08.42 | W50 | 66 | |
| 6 | 3908 | Steppe Marina | ALVA | 21'02.34 | W55 | 59 | BK1 W55 |
| 7 | 3696 | Vandenbroeck Marlene | KAAG | 21'05.22 | W50 | 63 | |
| 8 | 4278 | Balduck Nadine | MAC | 21'24.45 | W55 | 61 | BK2 W55 |
| 9 | 3345 | Duvivier Chantal | STAX | 22'29.96 | W55 | 58 | BK3 W55 |
| 10 | 3519 | Van Zand Maria | ACA | 22'36.48 | W60 | 56 | BK1 W60 |
| 11 | 3758 | De Waele Charline | KAAG | 23'04.18 | W65 | 52 | BK1 W65 BR |
| 12 | 4108 | Duvivier Els | LEBB | 23'33.44 | W55 | 60 | |
| 13 | 3723 | Vekeman Bernadette | ZA | 23'52.81 | W60 | 53 | BK2 W60 |

hinkstapspringen Mas Heren M50+ Uur=01:04

Reeks:1

| | | | | | | | |
|----|------|-------------------|------|-------------|------|-----|------------|
| 1 | 4560 | Poulain Philippe | CSDY | 10.86m -0.3 | M50 | 66 | BK1 M50 |
| 2 | 5177 | Depuydt Patrick | ZA | 10.35m +0.7 | M50 | 64 | BK2 M50 |
| 3 | 4891 | Vanuytven Maurice | VMOL | 9.39m +1.7 | M50 | 65 | BK3 M50 |
| 4 | 6084 | Jacobs Humberto | ADD | 9.16m +1.5 | M60 | 57 | BK1 M60 |
| 5 | 4132 | Ody Yvan | DACM | 9.01m +1.0 | M70 | 43 | BK1 M70 |
| 6 | 6225 | Bosmans Freddy | ROBA | 8.49m +0.7 | M55 | 59 | BK1 M55 |
| 7 | 5819 | Wylleman Marc | STAX | 8.20m +0.5 | M65 | 48 | BK1 M65 |
| 8 | 5886 | Francois Marc | RAM | 8.08m -0.6 | M60 | 54 | BK2 M60 |
| 9 | 6313 | Roesbeke Rudy | FLAC | 8.02m +2.1 | M50 | 64 | 7.96m -0.5 |
| 10 | 6956 | Vlamings Jan | ESAK | 7.87m +0.7 | M55 | 58 | BK2 M55 |
| 11 | 6626 | De Rocker Leopold | OB | 7.60m +0.1 | M70 | 42 | BK2 M70 |
| 12 | 6692 | De Rocker Eric | OB | 7.33m +1.1 | M60 | 53 | BK3 M60 |
| 13 | 4936 | Hulsmans Pierre | LOOI | 7.14m +0.4 | M70 | 45 | BK3 M70 |
| 14 | 3790 | Gonet Michel | GOSP | 6.92m +0.5 | M70 | 46 | |
| | 6574 | Florin Paul | VOLH | GP | +0.0 | M65 | 47 |
| | 7003 | Goeffers Freddy | EA | GP | +0.0 | M65 | 52 |
| | 6673 | Steijvers Peter | ACME | NG | +0.0 | M55 | 61 |

speerwerpen 800g M35...45 Mas Heren M45 Uur=23:35

Reeks:1

| | | | | | | | |
|---|------|-------------------|------|--------|-----|----|---------|
| 1 | 5713 | Geenens Dieter | ASVO | 42.51m | M45 | 68 | BK1 M45 |
| 2 | 4387 | Brulet Jean Marc | WS | 42.47m | M45 | 67 | BK2 M45 |
| 3 | 6648 | Vercruyce Johnny | MACW | 38.99m | M45 | 68 | BK3 M45 |
| 4 | 6592 | Baeke Patrick | ACME | 37.66m | M45 | 70 | |
| 5 | 5572 | Verstraete Walter | RCG | 35.65m | M45 | 68 | |
| 6 | 7354 | Weiss Philipp | LACE | 34.83m | M45 | 69 | |
| 7 | 6220 | De Vreeze Tom | DEIN | 32.19m | M45 | 69 | |
| | 6459 | Delplace Alain | DAC | NG | M45 | 71 | |

80m horden 0,762m W50-55 Mas Dames Uur=00:11

Reeks:1

| | | | | | | | |
|---|------|-------------------------|------|-------|-----|----|---------|
| | | Wind : -0.4 | | | | | |
| 1 | 3705 | Andries Gerda | AVKA | 13.87 | W50 | 65 | BK1 W50 |
| 2 | 3349 | Vanhorenbeeck Hildegard | STAX | 14.50 | W60 | 53 | BK1 W60 |
| 3 | 3729 | Ervyn Hilde | AZW | 15.86 | W50 | 63 | BK2 W50 |
| 4 | 3917 | De Greef Greetje | RAM | 18.07 | W50 | 65 | BK3 W50 |
| 5 | 3735 | Vansteenkiste Katrien | AZW | 18.71 | W50 | 65 | |

80m horden 0,762m W40-45 Mas Dames Uur=00:14

Reeks:1

| | | | | | | | |
|---|------|----------------------|------|-------|-----|----|-----|
| | | Wind : 0.6 | | | | | |
| 1 | 4013 | Thys Veronique | ACHL | 13.42 | W40 | 76 | BK1 |
| 2 | 3144 | Saidi Ladia | RCB | 15.80 | W40 | 77 | BK2 |
| 3 | 4143 | Obasohan Roselyn | OLSE | 16.94 | W40 | 72 | BK3 |
| 4 | 2603 | Escarmelle Alexandra | OCAN | 17.11 | W40 | 74 | |

80m horden 0,762m M70-75 Mas Heren Uur=00:14

Reeks:1

| | | | | | | | |
|---|------|------------|------|-------|-----|----|---------|
| | | Wind : 0.9 | | | | | |
| 1 | 4132 | Ody Yvan | DACM | 16.10 | M70 | 43 | BK1 M70 |

100m horden 0,84m M60-65 Mas Heren Uur=00:32

Reeks:1

| | | | | | | | |
|---|------|----------------|------|-------|-----|----|---------|
| | | Wind : 0.1 | | | | | |
| 1 | 6476 | Van Impe Frank | BVAC | 21.78 | M65 | 50 | BK1 M65 |

| | | | | | | | |
|---|------|------------------|-----|-------|-----|-----|------------|
| 2 | 5174 | Pelgrims Edouard | ACA | 22.01 | M60 | 55 | BK1 M60 |
| | 7003 | Goeffers Freddy | EA | NG | | M65 | 52 BK2 M65 |

100m horden 0,84m Mas Dames w35 Uur=00:32

Reeks:1 Wind : -0.3

| | | | | | | | |
|---|------|------------------|------|-------|-----|----|--|
| 1 | 2976 | Guillet Laurence | RESC | 15.28 | W35 | 80 | |
| 2 | 3925 | Schillewaert Ann | LOOI | 23.02 | W35 | 78 | |

100m horden 0,914m M50-55 Mas Heren Uur=00:34

Reeks:1 Wind : -0.4

| | | | | | | | |
|---|------|------------------------|------|-------|-----|----|---------|
| 1 | 4583 | De Longueville Bernard | CABW | 16.64 | M55 | 62 | BK1 M55 |
| 2 | 4763 | Jacobs Jos | EA | 18.18 | M55 | 61 | BK2 M55 |
| 3 | 6956 | Vlamings Jan | ESAK | 18.75 | M55 | 58 | BK3 M55 |
| 4 | 5389 | Bollens Jacques | ACKO | 19.20 | M55 | 57 | |

100m horden 0,914m M50-55 Mas Heren Uur=00:34

Reeks:2 Wind : -0.2

| | | | | | | | |
|---|------|-------------------|------|-------|-----|----|---------|
| 1 | 7075 | Ledegen Dirk | EA | 15.77 | M50 | 66 | BK1 M50 |
| 2 | 5567 | Beckers Serge | RAM | 15.81 | M50 | 62 | BK2 M50 |
| 3 | 6743 | Haverhals Jan | ABES | 16.43 | M50 | 63 | BK3 M50 |
| 4 | 4891 | Vanuytven Maurice | VMOL | 19.17 | M50 | 65 | |
| 5 | 5177 | Depuydt Patrick | ZA | 19.78 | M50 | 64 | |

110m horden 1,00m M35-40- Mas Heren M45 Uur=00:41

Reeks:1 Wind : -0.4

| | | | | | | | |
|---|------|-------------------|------|-------|-----|----|-----|
| 1 | 9999 | CICCHELLI Lorenzo | LUX | 18.50 | | 69 | BK1 |
| 2 | 5713 | Geenens Dieter | ASVO | 19.08 | M45 | 68 | BK2 |
| 3 | 6075 | Herregodts Yves | VITA | 23.28 | M45 | 70 | BK3 |
| 4 | 5322 | Spiessens Koen | SPBO | 25.61 | M45 | 71 | |

110m horden 1,00m M35-40- Mas Heren M35 Uur=00:56

Reeks:1 Wind : -0.9

| | | | | | | | |
|---|------|-------------------|------|-------|-----|----|--|
| 1 | 4788 | Carly Jan | FLAC | 17.79 | M35 | 78 | |
| 2 | 5318 | Permentier Johan | SPBO | 17.95 | M35 | 79 | |
| 3 | 7138 | Schillewaert Dirk | LOOI | 18.72 | M35 | 82 | |
| 4 | 6563 | Lestienne Dries | RIEM | 19.87 | M35 | 78 | |

speerwerpen 800g M35...45 Mas Heren M35 M40 Uur=01:07

Reeks:1

| | | | | | | | |
|----|------|-------------------|------|--------|-----|----|---------|
| 1 | 4361 | Vasteels Maurice | CSF | 54.41m | M40 | 77 | BK1 M40 |
| 2 | 7117 | Beirens Peter | OLSE | 51.33m | M40 | 73 | BK2 M40 |
| 3 | 7031 | De Preter Mathias | RAM | 50.45m | M35 | 78 | BK1 M35 |
| 4 | 4914 | Maes Marino | AVMO | 48.31m | M35 | 77 | BK2 M35 |
| 5 | 5783 | Yttenhove Davy | VS | 38.72m | M35 | 80 | BK3 M35 |
| 6 | 4627 | Rivez Nicolas | UAC | 38.34m | M35 | 81 | |
| 7 | 6922 | De Backer Tijl | RIEM | 29.58m | M40 | 76 | BK3 M40 |
| 8 | 4437 | Pasque Fabrice | CABW | 28.96m | M40 | 76 | |
| 9 | 7138 | Schillewaert Dirk | LOOI | 28.70m | M35 | 82 | |
| 10 | 4817 | Jacobs Stijn | ACHL | 25.06m | M40 | 77 | |

hinkstapspringen Mas Heren M35 M40 M45 Uur=03:01

Reeks:1

| | | | | | | | | |
|----|------|------------------|------|--------|------|------|-----|---------|
| 1 | 6481 | Muyldermans Bert | SPVI | 13.27m | +0.2 | M35 | 78 | BK1 M35 |
| 2 | 4140 | Joiris Jeremy | DAMP | 11.76m | +1.4 | M40 | 75 | BK1 M40 |
| 3 | 3706 | Ackaert Noel | HUY | 11.70m | -0.7 | M40 | 73 | BK2 M40 |
| 4 | 6599 | Quartier Pieter | DEIN | 11.45m | -0.3 | M35 | 81 | BK2 M35 |
| 5 | 4349 | Chantry Francois | CABW | 11.29m | -0.2 | M45 | 71 | BK1 M45 |
| 6 | 6220 | De Vreeze Tom | DEIN | 11.12m | -0.4 | M45 | 69 | BK2 M45 |
| 7 | 5318 | Permentier Johan | SPBO | 10.78m | -0.7 | M35 | 79 | BK3 M35 |
| 8 | 4856 | Coene Ronny | KAAG | 10.77m | -0.1 | M45 | 70 | BK3 M45 |
| 9 | 6707 | Van Havere Kevin | SPVI | 10.74m | +0.6 | M35 | 81 | |
| 10 | 4234 | Herman Eric | DAMP | 10.66m | -0.6 | M45 | 69 | |
| 11 | 6166 | Koekelkoren Bart | RCT | 10.35m | -0.1 | M40 | 73 | BK3 M40 |
| 12 | 6563 | Lestienne Dries | RIEM | 10.35m | -1.5 | M35 | 78 | |
| | 7360 | Roufosse Bernard | USBW | | GP | +0.0 | M45 | 68 |
| | 6993 | De Backer Wim | ACG | | NG | +0.0 | M40 | 74 |

kogel 4,000kg W35,40,45 Mas Dames W35 Uur=03:02

Reeks:1

| | | | | | | | | |
|---|------|---------------------|------|--------|--|-----|----|-----|
| 1 | 2975 | Adam Benedicte | RESC | 11.09m | | W35 | 78 | BK1 |
| 2 | 4410 | Stuer Kim | AVKA | 10.13m | | W35 | 82 | BK2 |
| 3 | 2810 | Reynaerts Stephanie | RESC | 9.43m | | W35 | 80 | BK3 |
| 4 | 3660 | Bruninx Wendy | ATLA | 9.25m | | W35 | 80 | |
| 5 | 2602 | Charlier Emilie | OCAN | 8.42m | | W35 | 80 | |
| 6 | 3466 | Dhont Valerie | DEIN | 8.17m | | W35 | 79 | |

verspringen Mas Heren Uur=03:06

Reeks:1

| | | | | | | | | |
|---|------|----------------------|------|-------|------|-----|----|---------|
| 1 | 5650 | Lenoir Henri | OEH | 3.52m | +0.0 | M85 | 32 | BK1 M85 |
| 2 | 6626 | De Rocker Leopold | OB | 3.44m | -0.8 | M70 | 42 | BK1 M70 |
| 3 | 4936 | Hulsmans Pierre | LOOI | 3.26m | -0.9 | M70 | 45 | BK2 M70 |
| 4 | 5651 | Van Impe Jean-Pierre | OEH | 3.08m | +0.6 | M80 | 37 | BK1 M80 |
| 5 | 6338 | De Backer Ferdinand | LIER | 2.46m | -2.1 | M70 | 44 | BK3 M70 |
| 6 | 6386 | Moens Carolus | OB | 1.91m | -1.1 | M90 | 25 | BK1 M90 |

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|---|------|--------------------|------|-------|------|-----|----|---------|
| 7 | 6227 | De Coster Wilfried | ROBA | 1.72m | +0.1 | M70 | 43 | |
| 8 | 6888 | Nevens Frans | SPVI | 1.33m | +0.1 | M75 | 40 | BK1 M75 |

kogel 4,000kg W35,40,45 Mas Dames W40 Uur=03:07

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|---------|------|------------------------|------|-------|--|-----|----|-----|
| Reeks:1 | | | | | | | | |
| 1 | 3767 | Blockhuysen Cindy | AVKA | 9.78m | | W40 | 74 | BK1 |
| 2 | 2574 | Clement Anne Catherine | DAMP | 8.84m | | W40 | 75 | BK2 |
| 3 | 2924 | Reckelbus Laurence | RCAS | 8.67m | | W40 | 75 | BK3 |
| 4 | 2811 | De Buyst Nadia | RESC | 7.02m | | W40 | 73 | |
| 5 | 3823 | Vercaemer Heidi | AZW | 6.47m | | W40 | 75 | |

100 meter Mas Dames W55+ Uur=02:34

| | | | | | | | | |
|-------------|------|-------------------------|------|-------|--|-----|----|----------|
| Reeks:1 | | | | | | | | |
| Wind : -0.2 | | | | | | | | |
| 1 | 4047 | Oplinus Kristien | FLAC | 15.23 | | W60 | 55 | BK1 W60 |
| 2 | 3349 | Vanhorenbeeck Hildegard | STAX | 15.32 | | W60 | 53 | BK2 W60 |
| 3 | 4077 | De Roock Lieve | DAC | 16.09 | | W65 | 51 | BK1 W65 |
| 4 | 3641 | Moens Marie | SPBO | 16.64 | | W60 | 55 | BK3 W60 |
| 5 | 2561 | Vandenbroeck Martine | RIWA | 18.01 | | W55 | 60 | BK1 W55 |
| 6 | 3610 | Van Lysebetten Els | ACW | 18.46 | | W55 | 59 | BK2 W55 |
| 7 | 3576 | Van der Vorst Ria | ACA | 19.69 | | W65 | 48 | BK21 W65 |

100 meter Mas Dames W50 Uur=02:35

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|-------------|------|--------------------|------|-------|--|-----|----|-----|
| Reeks:1 | | | | | | | | |
| Wind : -0.5 | | | | | | | | |
| 1 | 2567 | Boonaert Caroline | RESC | 14.35 | | W50 | 64 | BK1 |
| 2 | 3705 | Andries Gerda | AVKA | 14.68 | | W50 | 65 | BK2 |
| 3 | 3072 | Capel Sylvie | ATH | 16.24 | | W50 | 67 | BK3 |
| 4 | 2952 | Willequet Gilliane | USTA | 17.26 | | W50 | 64 | |

100 meter Mas Dames W45 Uur=02:35

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|-------------|------|---------------------|------|-------|--|-----|----|-----|
| Reeks:1 | | | | | | | | |
| Wind : -0.7 | | | | | | | | |
| 1 | 3508 | Ghyselen Tine | RIEM | 13.82 | | W45 | 70 | BK1 |
| 2 | 4088 | Van Rosendaal Edith | LOOI | 14.08 | | W45 | 71 | BK2 |
| 3 | 4271 | Geeraert Annick | ACME | 14.24 | | W45 | 70 | BK3 |
| 4 | 3733 | Volkaerts Linda | FLAC | 14.41 | | W45 | 70 | |
| 5 | 3786 | Gakens Michele | SPBO | 16.17 | | W45 | 70 | |
| | 3627 | Paesen Sonja | LOOI | NA | | W45 | 68 | |

100 meter Mas Dames W40 Uur=02:35

| | | | | | | | | |
|-------------|------|------------------|------|-------|--|-----|----|-----|
| Reeks:1 | | | | | | | | |
| Wind : -1.6 | | | | | | | | |
| 1 | 3069 | Adant Caroline | CSF | 13.08 | | W40 | 75 | BK1 |
| 2 | 3495 | Catry Virginie | AVR | 13.44 | | W40 | 77 | BK2 |
| 3 | 4013 | Thys Veronique | ACHL | 13.77 | | W40 | 76 | BK3 |
| 4 | 4143 | Obasohan Roselyn | OLSE | 14.49 | | W40 | 72 | |
| 5 | 3144 | Saidi Ladia | RCB | 15.68 | | W40 | 77 | |

100 meter Mas Dames W35 Uur=02:36

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|-------------|------|-----------------------|------|-------|--|-----|----|-----|
| Reeks:1 | | | | | | | | |
| Wind : -0.3 | | | | | | | | |
| 1 | 3525 | De Corte Lynn | OB | 12.83 | | W35 | 80 | BK1 |
| 2 | 4347 | Koninckx Xenia | LIER | 13.78 | | W35 | 78 | BK2 |
| 3 | 3699 | Van Damme Petra | KAAG | 13.96 | | W35 | 78 | BK3 |
| 4 | 2974 | Bonvin Draps Nathalie | RESC | 14.10 | | W35 | 80 | |
| 5 | 3347 | Van Belle Carmen | STAX | 14.26 | | W35 | 81 | |

discuswerpen 1,000kg Mas Dames W60 W65 W70 Uur=03:34

| | | | | | | | | |
|---------|------|---------------------|------|--------|--|-----|----|---------|
| Reeks:1 | | | | | | | | |
| 1 | 2739 | Joye Carine | JSMC | 24.53m | | W60 | 56 | BK1 W60 |
| 2 | 3369 | Heylen Annie | ACHL | 20.65m | | W60 | 56 | BK2 W60 |
| 3 | 3156 | De Ridder Godelieve | WS | 18.77m | | W60 | 56 | BK3 W60 |
| 4 | 4214 | Mertens Martine | MAC | 18.17m | | W60 | 54 | |
| 5 | 3994 | Perneel Regina | FLAC | 18.01m | | W65 | 51 | BK1 W65 |
| 6 | 3607 | Heyrman Leen | ACW | 17.70m | | W60 | 56 | |
| 7 | 3924 | Paps Maria | LOOI | 16.46m | | W65 | 48 | BK2 W65 |
| 8 | 3751 | Maesschalck Juliane | ACG | 13.59m | | W65 | 49 | BK3 W65 |
| 9 | 3576 | Van der Vorst Ria | ACA | 12.69m | | W65 | 48 | |
| 10 | 4431 | Starckx Christiana | ACW | 11.39m | | W65 | 49 | |

discuswerpen 0,750kg W75+ Mas Dames W75+ Uur=03:34

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|---------|------|-----------------|------|--------|--|-----|----|-----|
| Reeks:1 | | | | | | | | |
| 0 | 3824 | Hanssens Rachel | ASVO | 14.45m | | W85 | 29 | BK1 |

polstokspringen Mas Heren M50+ Uur=03:40

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|---------|------|----------------------|------|-------|--|-----|----|---------|
| Reeks:1 | | | | | | | | |
| 1 | 3933 | Renkin Jean Paul | HERV | 3.65m | | M50 | 64 | BK1 M50 |
| 2 | 6294 | Bervoets Ronny | LOOI | 2.60m | | M50 | 65 | BK2 M50 |
| 3 | 4868 | Cortvrindt Johan | RAM | 2.40m | | M50 | 65 | BK3 M50 |
| 4 | 4930 | Symons Emiel | LOOI | 2.00m | | M75 | 41 | BK1 M75 |
| 5 | 3790 | Gonet Michel | GOSP | 1.70m | | M70 | 46 | BK1 M70 |
| | 5651 | Van Impe Jean-Pierre | OEH | GP | | M80 | 37 | |
| | 3890 | Chanet Michel | FCHA | NG | | M55 | 60 | |
| | 5473 | Brion Marc | AVKA | NG | | M50 | 64 | |
| | 7075 | Ledegen Dirk | EA | NG | | M50 | 66 | |

speerwerpen 700g M50...55 Mas Heren M50 M55 Uur=04:25

Reeks:1

| | | | | | | | |
|---|------|-----------------------|------|--------|-----|-----|---------|
| 1 | 6901 | Van Nieuwenhove Erwin | EA | 47.27m | M55 | 62 | BK1 M55 |
| 2 | 3725 | Lempereur Jean Michel | UAC | 44.56m | M50 | 64 | BK1 M50 |
| 3 | 6772 | De Geest Andreas | LOOI | 40.11m | M55 | 59 | BK2 M55 |
| 4 | 7118 | Thieren Johan | MACW | 37.82m | M55 | 59 | BK3 M55 |
| 5 | 4152 | Taintenier Eric | RCB | 37.79m | M50 | 65 | BK2 M50 |
| 6 | 6988 | De Craene Patrick | AVMO | 31.73m | M50 | 63 | BK3 M50 |
| 7 | 5239 | Hilgert Erik | ACW | 26.12m | M50 | 64 | |
| | 6822 | Lescrauwaet Johan | AVR | NG | | M50 | 66 |
| | 5473 | Brion Marc | AVKA | NG | | M50 | 64 |

speerwerpen 700g M50...55 Mas Heren M60 M65 Uur=04:31

Reeks:1

| | | | | | | | |
|----|------|------------------|------|--------|-----|-----|---------|
| 1 | 7401 | MOONS Philippe | CSF | 41.61m | | 56 | BK1 M60 |
| 2 | 5367 | Bobbaers Georges | ATLA | 36.04m | M60 | 56 | BK2 M60 |
| 3 | 6476 | Van Impe Frank | BVAC | 33.58m | M65 | 50 | BK1 M65 |
| 4 | 7359 | Longeval Fernand | USTA | 31.93m | M65 | 48 | BK2 M65 |
| 5 | 5238 | Maes Dirk | ACW | 31.49m | M60 | 55 | BK3 M60 |
| 6 | 5420 | Duré Willem | SGOL | 29.80m | M65 | 51 | BK3 M65 |
| 7 | 5857 | Vanherck Jean | LYRA | 27.67m | M60 | 55 | |
| 8 | 6501 | Lutz Theodore | ACW | 27.64m | M65 | 48 | |
| 9 | 6577 | Logist Yves | ACP | 27.11m | M60 | 54 | |
| 10 | 3716 | Charlier Michel | OCAN | 16.43m | M60 | 56 | |
| | 4345 | Hastrais Marc | RESC | NG | | M60 | 53 |

1500 meter Mas Heren M60+ Uur=03:07

Reeks:1

| | | | | | | | |
|----|------|-----------------------|------|---------|-----|-----|---------|
| 1 | 4772 | Heyde Lucien | ACME | 4'48.67 | M60 | 56 | BK1 M60 |
| 2 | 6297 | Grandjean Hubert | ROBA | 5'09.76 | M60 | 57 | BK2 M60 |
| 3 | 6025 | Pittevils Luc | LOOI | 5'18.41 | M65 | 52 | BK1 M65 |
| 4 | 5199 | Beque Jozef | LEBB | 5'23.48 | M60 | 54 | BK3 M60 |
| 5 | 4513 | Ebertzheim Alain | ACLO | 5'30.32 | M65 | 51 | BK2 M65 |
| 6 | 5521 | Van Velthoven Leopold | BVAC | 5'34.41 | M65 | 51 | BK3 M65 |
| 7 | 6275 | Claessens Jozef | VOLH | 5'35.55 | M65 | 49 | |
| 8 | 5436 | Arnoets Paul | ROBA | 5'36.10 | M65 | 51 | |
| 9 | 5886 | Francois Marc | RAM | 5'45.85 | M60 | 54 | |
| 10 | 5649 | Merckx Jacky | OEH | 6'12.96 | M70 | 47 | BK1 M70 |
| 11 | 4873 | Janssens Herman | GRIM | 6'15.92 | M75 | 40 | BK1 M75 |
| 12 | 6226 | Van Noten Omer | ROBA | 6'36.85 | M65 | 47 | |
| 13 | 6600 | Telier Gaston | DEIN | 6'41.41 | M70 | 44 | BK2 M70 |
| | 5644 | Devoldere Gilbert | AVMO | NA | | M60 | 56 |

1500 meter Mas Heren M50 M55 Uur=03:10

Reeks:1

| | | | | | | | |
|-----------|-------------|--------------------|-------------|----------------|------------|-----------|---------|
| 1 | 6070 | Verstraete Didier | MACW | 4'19.01 | M50 | 67 | BK1 M50 |
| 2 | 5892 | Neefs Marc | DCLA | 4'20.35 | M50 | 65 | BK2 M50 |
| 3 | 5267 | Borms Mark | WIBO | 4'35.66 | M50 | 65 | BK3 M50 |
| 4 | 6299 | Van Kerkhoven Dirk | ROBA | 4'36.82 | M50 | 63 | |
| 5 | 5718 | De Baets Frits | RCG | 4'37.15 | M55 | 61 | BK1 M55 |
| 6 | 5418 | Van Cauteren Toon | RCG | 4'38.31 | M55 | 61 | BK2 M55 |
| 7 | 5317 | De Raet Jan | ROBA | 4'42.11 | M50 | 65 | |
| 8 | 6506 | Beeckman Geert | ACP | 4'48.85 | M50 | 66 | |
| 9 | 5045 | Walraedt Gilbert | AVR | 4'50.57 | M55 | 59 | BK3 M55 |
| 10 | 4277 | Wozny Eric | CRAC | 4'51.28 | M50 | 65 | |
| 11 | 3673 | Bultot Christian | ARCH | 5'01.74 | M55 | 58 | |
| 12 | 6650 | Becue Johan | MACW | 5'08.46 | M55 | 60 | |
| 13 | 4170 | Theys Lucien | FLEU | 5'15.94 | M50 | 62 | |
| 14 | 5458 | Evangelisti Carlo | BVAC | 5'18.00 | M55 | 60 | |

1500 meter Mas Heren M45 Uur=03:11

Reeks:1

| | | | | | | | |
|---|------|-------------------|------|---------|-----|-----|-----|
| 1 | 5695 | Grymonpon Joost | ROBA | 4'37.21 | M45 | 69 | BK1 |
| 2 | 5495 | Fillée Ronny | AVT | 4'37.59 | M45 | 71 | BK2 |
| 3 | 5648 | Colphijn Geert | OEH | 4'38.35 | M45 | 72 | BK3 |
| 4 | 5989 | Alleman Dominique | MACW | 4'40.49 | M45 | 72 | |
| 5 | 5885 | Vranken Wim | BVAC | 4'41.24 | M45 | 68 | |
| 6 | 5564 | Raskin Lode | ADD | 4'57.49 | M45 | 69 | |
| 7 | 6063 | Pieters Lieven | MACW | 4'59.44 | M45 | 68 | |
| | 6014 | Hellinx David | AVKA | NA | | M45 | 68 |

1500 meter Mas Heren M40 Uur=03:27

Reeks:1

| | | | | | | | |
|---|------|------------------|------|---------|-----|----|-----|
| 1 | 6640 | Verschoren Bart | DAC | 4'30.44 | M40 | 77 | BK1 |
| 2 | 5275 | Schroven Geert | LOOI | 4'32.06 | M40 | 77 | BK2 |
| 3 | 5631 | Clerinx Raf | ATLA | 4'35.38 | M40 | 77 | BK3 |
| 4 | 5988 | Van Damme Peter | LEBB | 4'36.56 | M40 | 74 | |
| 5 | 7140 | Neirinck Gert | AVT | 4'37.22 | M40 | 74 | |
| 6 | 5295 | Vertriest Jurgen | DEIN | 4'38.23 | M40 | 75 | |
| 7 | 3738 | Dupont Lesther | DS | 4'38.98 | M40 | 74 | |
| 8 | 7402 | BRIFFEUIL Oliver | MOHA | 4'39.30 | | 73 | |

1500 meter Mas Heren M35 Uur=03:42

Reeks:1

| | | | | | | | |
|---|------|------------------|------|---------|-----|----|-----|
| 1 | 5864 | Rondas Xavier | RIEM | 4'22.68 | M35 | 81 | BK1 |
| 2 | 5226 | Vanderbiesen Tom | AVT | 4'22.76 | M35 | 79 | BK2 |

| | | | | | | | |
|---|------|------------------|------|---------|-----|----|-----|
| 3 | 5273 | Lazou Mathieu | KAAG | 4'27.67 | M35 | 79 | BK3 |
| 4 | 5940 | Verhaege Sven | VOLH | 4'30.35 | M35 | 80 | |
| 5 | 3880 | Casaert Bertrand | CRAC | 4'39.75 | M35 | 77 | |
| 6 | 3710 | Lesire Miguel | OCAN | 4'40.95 | M35 | 79 | |
| 7 | 5429 | Desmet Rupert | ACP | 5'01.08 | M35 | 79 | |
| | 6561 | Mondelaers Kevin | LOOI | NG | M35 | 80 | |

kogel 4,000kg W35,40,45 Mas Dames W45 Uur=03:41

Reeks:1

| | | | | | | | |
|---|------|---------------------|------|-------|-----|----|-----|
| 1 | 4425 | Van Delsen Patricia | RCG | 9.00m | W45 | 69 | BK1 |
| 2 | 3774 | Ezaitouni Aida | ATLA | 7.97m | W45 | 67 | BK2 |
| 3 | 3632 | Clauwaert Lieve | DEIN | 7.89m | W45 | 71 | BK3 |
| 4 | 4308 | Vanbiervliet Anja | VITA | 7.88m | W45 | 68 | |
| 5 | 3423 | Boelen Diana | VMOL | 7.26m | W45 | 69 | |
| 6 | 4271 | Geeraert Annick | ACME | 7.23m | W45 | 70 | |
| 7 | 4110 | Van Dam Yvette | SPVI | 6.24m | W45 | 69 | |
| | 3839 | Gieghase Hilde | VMOL | NG | W45 | 68 | |

verspringen

Mas Heren M60 M65 Uur=03:57

Reeks:1

| | | | | | | | | |
|----|------|--------------------|------|-------|------|-----|----|---------|
| 1 | 6084 | Jacobs Humberto | ADD | 4.21m | -0.6 | M60 | 57 | BK1 M60 |
| 2 | 6577 | Logist Yves | ACP | 3.93m | +0.8 | M60 | 54 | BK2 M60 |
| 3 | 5857 | Vanherck Jean | LYRA | 3.90m | +0.5 | M60 | 55 | BK3 M60 |
| 4 | 6478 | Thomaes Guido | ZWAT | 3.73m | -0.5 | M65 | 50 | BK1 M65 |
| 5 | 4888 | Van de Reijd Jozef | VMOL | 3.61m | -0.9 | M60 | 55 | |
| 6 | 6275 | Claessens Jozef | VOLH | 3.48m | +0.9 | M65 | 49 | BK2 M65 |
| 7 | 6692 | De Rocker Eric | OB | 3.47m | +0.4 | M60 | 53 | |
| 8 | 5819 | Wylleman Marc | STAX | 3.41m | +0.9 | M65 | 48 | BK3 M65 |
| 9 | 5420 | Duré Willem | SGOL | 2.94m | +0.5 | M65 | 51 | |
| 10 | 6574 | Florin Paul | VOLH | 2.82m | +1.6 | M65 | 47 | |
| | 4345 | Hastrais Marc | RESC | NG | +0.0 | M60 | 53 | |

speerwerpen 500g M70+ Mas Heren M70 M75 Uur=05:01

Reeks:1

| | | | | | | | | |
|---|------|--------------------|------|--------|--|-----|----|---------|
| 1 | 6148 | Somers Roland | OB | 32.32m | | M70 | 45 | BK1 M70 |
| 2 | 5500 | Mast Roger | SPBO | 30.46m | | M70 | 46 | BK2 M70 |
| 3 | 4281 | Clement Pierre | DAMP | 23.83m | | M70 | 44 | BK3 M70 |
| 4 | 6600 | Telier Gaston | DEIN | 23.59m | | M70 | 44 | |
| 5 | 4930 | Symons Emiel | LOOI | 22.71m | | M75 | 41 | BK1 M75 |
| 6 | 6227 | De Coster Wilfried | ROBA | 17.30m | | M70 | 43 | |
| 7 | 6888 | Nevens Frans | SPVI | 9.06m | | M75 | 40 | BK2 M75 |

speerwerpen 400g M80+ Mas Heren M80+ Uur=05:02

Reeks:1

| | | | | | | | | |
|---|------|--------------------|------|--------|--|-----|----|---------|
| 0 | 4590 | Gauditiaubois Rene | GOSP | 14.71m | | M90 | 27 | BK1 M90 |
| 0 | 5650 | Lenoir Henri | OEH | 22.08m | | M85 | 32 | BK1 M85 |

discuswerpen 1,000kg Mas Dames W35 Uur=17:00

Reeks:1

| | | | | | | | | |
|---|------|-----------------------|------|--------|--|-----|----|-----|
| 1 | 4410 | Stuer Kim | AVKA | 31.11m | | W35 | 82 | BK1 |
| 2 | 2810 | Reynaerts Stephanie | RESC | 30.88m | | W35 | 80 | BK2 |
| 3 | 3660 | Bruninx Wendy | ATLA | 30.13m | | W35 | 80 | BK3 |
| 4 | 3303 | Van Winckel Lieve | AVZK | 26.95m | | W35 | 80 | |
| 5 | 3655 | Leune Yelva | RIEM | 25.54m | | W35 | 78 | |
| 6 | 3466 | Dhont Valerie | DEIN | 24.72m | | W35 | 79 | |
| 7 | 3132 | Van Aerschot Laetitia | GOSP | 23.77m | | W35 | 81 | |
| 8 | 2602 | Charlier Emilie | OCAN | 18.52m | | W35 | 80 | |

800 meter Mas Dames W55+ Uur=03:43

Reeks:1

| | | | | | | | | |
|---|------|---------------------|------|---------|--|-----|----|---------|
| 1 | 2625 | Rabeux Christine | SMAC | 2'39.24 | | W55 | 61 | BK1 W55 |
| 2 | 2772 | Bourgeat Catherine* | CSF | 2'42.74 | | W55 | 62 | BK2 W55 |
| 3 | 4278 | Balduck Nadine | MAC | 2'51.86 | | W55 | 61 | BK3 W55 |
| 4 | 3611 | Claes Judy | ZWAT | 3'00.47 | | W60 | 56 | BK1 W60 |
| 5 | 3781 | Geerolf Christa | AVMO | 3'06.70 | | W55 | 61 | |
| 6 | 4108 | Duvivier Els | LEBB | 3'11.67 | | W55 | 60 | |
| 7 | 3758 | De Waele Charline | KAAG | 3'12.63 | | W65 | 52 | BK1 W65 |
| | 3078 | Justin Danielle | RFCL | NG | | W65 | 52 | |

800 meter Mas Dames W45 W50 Uur=03:59

Reeks:1

| | | | | | | | | |
|---|------|-----------------|------|---------|--|-----|----|---------|
| 1 | 3808 | Immesoete Lizzy | ACME | 2'20.70 | | W45 | 70 | BK1 W45 |
| 2 | 3912 | Verbeke Ingrid | VS | 2'30.35 | | W45 | 71 | BK2 W45 |
| 3 | 3868 | Hillewaere Nele | VS | 2'30.88 | | W50 | 64 | BK1 W50 |
| 4 | 3825 | Debaets Corinne | DCLA | 2'33.72 | | W50 | 63 | BK2 W50 |
| 5 | 3647 | Meuris Vera | ROBA | 2'34.98 | | W45 | 70 | BK3 W45 |
| 6 | 4220 | Rooms Ann | HAMM | 2'43.42 | | W50 | 65 | BK3 W50 |
| 7 | 3643 | De Coninck Ilse | ROBA | 2'57.19 | | W45 | 69 | |
| 8 | 3412 | Luytens Hilde | RAM | 3'02.95 | | W50 | 64 | |
| 9 | 3364 | Devos An | FLAC | 3'10.35 | | W50 | 65 | |

800 meter Mas Dames Uur=04:00

Reeks:1

| | | | | | | | | |
|---|------|---------------------|------|---------|--|-----|----|---------|
| 1 | 3301 | Vanden Bempt Sigrid | DCLA | 2'16.67 | | W35 | 81 | BK1 W35 |
|---|------|---------------------|------|---------|--|-----|----|---------|

| | | | | | | | |
|---|------|-------------------|------|---------|-----|-----|---------|
| 2 | 3858 | Rahmé Mona | DCLA | 2'23.79 | W35 | 78 | BK2 W35 |
| 3 | 4000 | Dendoncker Veerle | KAAG | 2'24.38 | W35 | 80 | BK3 W35 |
| 4 | 4091 | Puttemans Anja | ROBA | 2'29.83 | W40 | 77 | BK1 W40 |
| 5 | 3998 | Vroemans Anouk | SPBO | 2'30.52 | W40 | 77 | BK2 W40 |
| 6 | 3387 | Rotsaert Ilse | RCG | 2'32.87 | W40 | 74 | BK3 W40 |
| 7 | 3664 | Dreesen Sally | ATLA | 2'34.87 | W40 | 74 | |
| | 3306 | Crauwels Anja | AVZK | NA | | W40 | 73 |

kogel 3,000kg W50+ Mas Dames W50 Uur=04:16

Reeks:1

| | | | | | | | |
|---|------|-------------------|------|--------|-----|-----|-----|
| 1 | 4289 | Larroe Karin | ACHL | 11.09m | W50 | 64 | BK1 |
| 2 | 3416 | De Wolf Kathleen | RAM | 10.31m | W50 | 67 | BK2 |
| 3 | 3729 | Ervyn Hilde | AZW | 9.65m | W50 | 63 | BK3 |
| 4 | 4382 | Vos Ingrid | ACW | 9.06m | W50 | 66 | |
| 5 | 4061 | De Souter Kristel | VOLH | 8.68m | W50 | 66 | |
| 6 | 4430 | Meulemans Goele | AVZK | 8.17m | W50 | 63 | |
| 7 | 3951 | Lenaers Regina | ACW | 7.85m | W50 | 63 | |
| | 4354 | Sambaer Lieve | AVR | NG | | W50 | 64 |

400 meter Mas Heren M70+ Uur=04:18

Reeks:1

| | | | | | | | |
|---|------|-------------------|------|---------|-----|-----|---------|
| 1 | 7122 | Cornelis Lodewijk | VITA | 1'49.88 | M80 | 36 | BK1 M80 |
| 2 | 4473 | Fit Stefan | RFCL | 2'29.78 | M85 | 29 | BK1 M85 |
| | 4901 | Wouters Louis | VMOL | NG | | M80 | 36 |

400 meter Mas Heren M70+ Uur=04:18

Reeks:2

| | | | | | | | |
|---|------|---------------------|------|---------|-----|-----|---------|
| 1 | 6257 | Van De Velde Jean | DAC | 75.77 | M70 | 46 | BK1 M70 |
| 2 | 5710 | Van Assche Pierre | SPBO | 78.76 | M70 | 44 | BK2 M70 |
| 3 | 6338 | De Backer Ferdinand | LIER | 1'54.49 | M70 | 44 | BK3 M70 |
| | 4850 | Houry Raymond | DCLA | NG | | M70 | 43 |

400 meter Mas Heren M60 M65 Uur=04:33

Reeks:1

| | | | | | | | |
|----------|-------------|---------------------------|-------------|--------------|------------|-----------|-------------------|
| 1 | 3905 | Chenois Paul Emile | CRAC | 59.89 | M60 | 56 | BK1 M60 BR |
| 2 | 5835 | Verhaegen Hugo | LIER | 64.68 | M65 | 51 | BK1 M65 BR |
| 3 | 5460 | Groeninckx Marc | DCLA | 66.28 | M60 | 57 | BK2 M60 |
| 4 | 5531 | Lannoo Luc | ACME | 71.08 | M65 | 51 | BK2 M65 |
| | 3983 | Biaumet Andre | ACLO | NG | | M65 | 50 BK3 M65 |

400 meter Mas Heren M60 M65 Uur=04:33

Reeks:2

| | | | | | | | |
|---|------|--------------------|------|-------|-----|----|---------|
| 1 | 5392 | Herinckx Jos | GRIM | 62.48 | M60 | 53 | BK3 M60 |
| 2 | 4285 | Apostol Marian* | RCB | 67.73 | M60 | 52 | |
| 3 | 5174 | Pelgrims Edouard | ACA | 69.67 | M60 | 55 | |
| 4 | 5644 | Devoldere Gilbert | AVMO | 71.05 | M60 | 56 | |
| 5 | 4888 | Van de Reijd Jozef | VMOL | 75.59 | M60 | 55 | |
| 6 | 4785 | Bossue Patrick | FLAC | 82.55 | M60 | 54 | |

400 meter Mas Heren M55 Uur=04:34

Reeks:1

| | | | | | | | |
|----------|-------------|-----------------------|-------------|--------------|------------|-----------|-----|
| 1 | 3636 | Bodart Vincent | SMAC | 57.57 | M55 | 62 | BK1 |
| 2 | 6552 | Van Kerckhoven Daniel | VAC | 59.23 | M55 | 61 | BK2 |
| 3 | 4754 | Van Herrewege Noël | RIEM | 60.58 | M55 | 58 | BK3 |
| 4 | 4124 | Mandelier Eric | CRAC | 63.12 | M55 | 60 | |
| 5 | 6610 | Paermentier Guy | VAC | 69.54 | M55 | 58 | |

400 meter Mas Heren M50 Uur=04:35

Reeks:1

| | | | | | | | |
|---|------|-------------------|------|-------|-----|----|--------|
| 1 | 5717 | Huwel Wim | ASVO | 54.81 | M50 | 63 | BK1 BR |
| 2 | 6197 | Byrne Timothy | ATLE | 56.60 | M50 | 67 | BK2 |
| 3 | 5619 | Degieter Johnny | VITA | 58.05 | M50 | 66 | BK3 |
| 4 | 3822 | Mve Obiang Armand | OCAN | 59.23 | M50 | 66 | |
| 5 | 6967 | Martens Geert | RIEM | 62.40 | M50 | 66 | |
| 6 | 6313 | Roesbeke Rudy | FLAC | 66.39 | M50 | 64 | |

400 meter Mas Heren M45 Uur=04:36

Reeks:1

| | | | | | | | |
|---|------|--------------------|------|-------|-----|----|-----|
| 1 | 6100 | Vervynck Luc | DEIN | 54.12 | M45 | 71 | BK1 |
| 2 | 5162 | Dawyndt Frank | MACW | 55.11 | M45 | 70 | BK2 |
| 3 | 3726 | Bogaert Francis | UAC | 56.60 | M45 | 68 | BK3 |
| 4 | 4078 | Van Beneden Xavier | RFCL | 57.42 | M45 | 70 | |

400 meter Mas Heren M40 Uur=04:39

Reeks:1

| | | | | | | | |
|----------|-------------|------------------------|-------------|--------------|------------|-----------|--|
| 1 | 6680 | Willems Christophe | AVMO | 56.08 | M40 | 74 | |
| 2 | 4992 | Bossu Tjorven | RCG | 57.65 | M40 | 75 | |
| 3 | 6039 | Gillis-d'hamers Philip | LOND | 61.05 | M40 | 74 | |
| 4 | 3787 | Groux David | CRAC | 61.93 | M40 | 75 | |

400 meter Mas Heren M40 Uur=04:39

Reeks:2

| | | | | | | | |
|---|------|-------------------|------|-------|-----|----|-----|
| 1 | 5027 | De Bock Stefan | RCG | 53.51 | M40 | 77 | BK1 |
| 2 | 6741 | Vanhoutte Gunther | AVMO | 53.59 | M40 | 74 | BK2 |

| | | | | | | | |
|---|------|-----------------|------|-------|-----|----|-----|
| 3 | 5109 | Tanghe Jeroen | AVMO | 54.76 | M40 | 75 | BK3 |
| 4 | 5841 | Van Hoof Kor | VS | 55.48 | M40 | 73 | |
| 5 | 3827 | Dussart Vincent | UAC | 60.04 | M40 | 74 | |

400 meter Mas Heren M35 Uur=04:46

Reeks:1

| | | | | | | | |
|---|------|-------------------|------|-------|-----|-----|-----|
| 1 | 6599 | Quartier Pieter | DEIN | 52.49 | M35 | 81 | BK1 |
| 2 | 6433 | Thys Rob | ABES | 54.91 | M35 | 78 | BK2 |
| 3 | 4905 | Braeckvelt Brecht | AVMO | 56.33 | M35 | 79 | BK3 |
| 4 | 5171 | Jans Rembert | RCG | 60.03 | M35 | 78 | |
| | 6020 | Bogaert Sam | ACW | NG | | M35 | 80 |

polstokspringen Mas Heren M35 M40 M45 Uur=05:02

Reeks:1

| | | | | | | | |
|---|------|-------------------|------|-------|-----|----|---------|
| 1 | 5783 | Uyttenhove Davy | VS | 3.70m | M35 | 80 | BK1 M35 |
| 2 | 5709 | De Smedt Serge | ATAC | 3.40m | M40 | 73 | BK1 M40 |
| 3 | 3798 | Di Tursi Emmanuel | WS | 3.20m | M40 | 74 | BK2 M40 |

verspringen Mas Heren M50 M55 Uur=05:06

Reeks:1

| | | | | | | | | |
|---|------|------------------------|------|-------|------|-----|----|---------|
| 1 | 4560 | Poulain Philippe | CSDY | 5.57m | -0.6 | M50 | 66 | BK1 M50 |
| 2 | 4181 | Andre Christian | RIWA | 5.27m | +0.3 | M50 | 65 | BK2 M50 |
| 3 | 6294 | Bervoets Ronny | LOOI | 4.89m | +0.4 | M50 | 65 | BK3 M50 |
| 4 | 6772 | De Geest Andreas | LOOI | 4.86m | -0.3 | M55 | 59 | BK1 M55 |
| 5 | 7396 | Roufosse Serge | BBS | 4.80m | -0.7 | | 58 | BK2 M55 |
| 6 | 5389 | Bollens Jacques | ACKO | 4.11m | -1.3 | M55 | 57 | BK3 M55 |
| 7 | 5239 | Hilgert Erik | ACW | 4.01m | +1.1 | M50 | 64 | |
| 8 | 4868 | Cortvrindt Johan | RAM | 3.70m | +1.4 | M50 | 65 | |
| 9 | 3933 | Renkin Jean Paul | HERV | 3.50m | -0.1 | M50 | 64 | |
| | 4583 | De Longueville Bernard | CABW | GP | +0.0 | M55 | 62 | |
| | 6822 | Lescauwaeet Johan | AVR | NG | +0.0 | M50 | 66 | |

discuswerpen 1,000kg Mas Dames W40 W45 Uur=17:04

Reeks:1

| | | | | | | | | |
|----|------|---------------------|------|--------|--|-----|----|---------|
| 1 | 2924 | Reckelbus Laurence | RCAS | 30.05m | | W40 | 75 | BK1 W40 |
| 2 | 4425 | Van Delsen Patricia | RCG | 29.50m | | W45 | 69 | BK1 W45 |
| 3 | 3767 | Blockhuysen Cindy | AVKA | 28.01m | | W40 | 74 | BK2 W40 |
| 4 | 3774 | Ezaitouni Aida | ATLA | 26.22m | | W45 | 67 | BK2 W45 |
| 5 | 3618 | Keulemans Miriam | WIBO | 25.79m | | W45 | 67 | BK3 W45 |
| 6 | 2811 | De Buyst Nadia | RESC | 25.59m | | W40 | 73 | BK3 W40 |
| 7 | 3632 | Clauwaert Lieve | DEIN | 25.44m | | W45 | 71 | |
| 8 | 3423 | Boelen Diana | VMOL | 20.08m | | W45 | 69 | |
| 9 | 4110 | Van Dam Yvette | SPVI | 15.58m | | W45 | 69 | |
| 10 | 3823 | Vercaemer Heidi | AZW | 11.81m | | W40 | 75 | |

hoogspringen Mas Dames W35+ Uur=17:19

Reeks:1

| | | | | | | | | |
|---|------|-----------------------|------|-------|--|-----|----|---------|
| 1 | 4463 | Defoort Saartje | AVMO | 1.35m | | W35 | 78 | BK1 W35 |
| 2 | 2627 | Henkinbrant Pascale | SMAC | 1.25m | | W40 | 74 | BK1 W40 |
| 3 | 2603 | Escarmelle Alexandra | OCAN | 1.25m | | W40 | 74 | BK2 W40 |
| 4 | 3735 | Vansteenkiste Katrien | AZW | 1.20m | | W50 | 65 | BK1 W50 |
| 4 | 3925 | Schillewaert Ann | LOOI | 1.20m | | W35 | 78 | BK2 W35 |
| 6 | 3828 | Rogiers Conny | ASVO | 1.05m | | W55 | 62 | BK1 W55 |
| 7 | 3724 | Tanghe Jeannine | AVR | 0.95m | | W65 | 50 | BK1 W65 |

kogel 3,000kg W50+ Mas Dames W55 Uur=05:06

Reeks:1

| | | | | | | | | |
|---|------|---------------------|------|-------|--|-----|----|-----|
| 1 | 2798 | Grigolato Martine | USTA | 8.30m | | W55 | 58 | BK1 |
| 2 | 3205 | Xhonneux Monique | LACE | 8.22m | | W55 | 59 | BK2 |
| 3 | 3828 | Rogiers Conny | ASVO | 7.44m | | W55 | 62 | BK3 |
| 4 | 2598 | Marneffe Anne Marie | HUY | 7.32m | | W55 | 61 | |
| 5 | 3006 | Cambier Brigitte | USTA | 6.22m | | W55 | 61 | |

200 meter Mas Dames W55+ Uur=05:08

Reeks:1

| | | | | | | | | |
|---|--------|----------------------|------|-------|--|-----|----|------------|
| | Wind : | -0.3 | | | | | | |
| 1 | 4047 | Oplinus Kristien | FLAC | 32.13 | | W60 | 55 | BK1 W60 BR |
| 2 | 3436 | Haspeslagh Charlotte | AVMO | 32.31 | | W55 | 62 | BK1 W55 BR |
| 3 | 4077 | De Rook Lieve | DAC | 33.89 | | W65 | 51 | BK1 W65 |
| 4 | 3641 | Moens Marie | SPBO | 34.29 | | W60 | 55 | BK2 W60 |
| 5 | 2875 | Blaude Marie Anne | SMAC | 35.28 | | W60 | 53 | BK3 W60 |
| 6 | 3781 | Geerolf Christa | AVMO | 37.14 | | W55 | 61 | BK2 W55 |
| 7 | 3610 | Van Lysebetten Els | ACW | 42.14 | | W55 | 59 | BK3 W55 |

200 meter Mas Dames W50 Uur=05:09

Reeks:1

| | | | | | | | | |
|---|--------|---------------------|------|-------|--|-----|----|-----|
| | Wind : | 0.1 | | | | | | |
| 1 | 3471 | Verheyden Rosette | ACKO | 29.88 | | W50 | 63 | BK1 |
| 2 | 3917 | De Greef Greetje | RAM | 29.99 | | W50 | 65 | BK2 |
| 3 | 2626 | Lulling Anne Helene | SMAC | 30.27 | | W50 | 66 | BK3 |
| 4 | 2567 | Boonaert Caroline | RESC | 30.83 | | W50 | 64 | |
| 5 | 2952 | Willequet Gilliane | USTA | 36.59 | | W50 | 64 | |

200 meter Mas Dames W45 Uur=05:09

Reeks:1

| | | | | | | | | |
|---|--------|---------------|------|-------|--|-----|----|-----|
| | Wind : | -0.3 | | | | | | |
| 1 | 3508 | Ghyselen Tine | RIEM | 28.88 | | W45 | 70 | BK1 |

| | | | | | | | |
|---|------|---------------------|------|-------|-----|-----|-----|
| 2 | 4088 | Van Rosendaal Edith | LOOI | 29.47 | W45 | 71 | BK2 |
| 3 | 3733 | Volkaerts Linda | FLAC | 30.02 | W45 | 70 | BK3 |
| 4 | 3786 | Gakens Michele | SPBO | 32.50 | W45 | 70 | |
| | 3627 | Paesen Sonja | LOOI | NG | | W45 | 68 |

200 meter Mas Dames W40 Uur=05:10

| | | | | | | | |
|---------|------------|----------------|------|-------|-----|----|-----|
| Reeks:1 | Wind : 2.1 | | | | | | |
| 1 | 3069 | Adant Caroline | CSF | 26.86 | W40 | 75 | BK1 |
| 2 | 2784 | Amellal Maryam | CABW | 27.35 | W40 | 72 | BK2 |

200 meter Mas Dames W35 Uur=05:10

| | | | | | | | |
|---------|------------|-----------------------|------|-------|-----|----|-----|
| Reeks:1 | Wind : 2.8 | | | | | | |
| 1 | 4339 | Bogemans Elke | ACW | 25.76 | W35 | 77 | BK1 |
| 2 | 3525 | De Corte Lynn | OB | 26.51 | W35 | 80 | BK2 |
| 3 | 3699 | Van Damme Petra | KAAG | 28.29 | W35 | 78 | BK3 |
| 4 | 4347 | Koninckx Xenia | LIER | 28.32 | W35 | 78 | |
| 5 | 2974 | Bonvin Draps Nathalie | RESC | 29.14 | W35 | 80 | |
| 6 | 3347 | Van Belle Carmen | STAX | 29.98 | W35 | 81 | |

verspringen Mas Heren M40 M45 Uur=17:15

| | | | | | | | |
|---------|------|------------------------|------|------------|-----|----|---------|
| Reeks:1 | | | | | | | |
| 1 | 3706 | Ackaert Noel | HUY | 5.89m +0.0 | M40 | 73 | BK1 M40 |
| 2 | 5558 | Depuydt Koen | ACP | 5.54m +0.4 | M45 | 67 | BK1 M45 |
| 3 | 5841 | Van Hoof Kor | VS | 5.52m +0.9 | M40 | 73 | BK2 M40 |
| 4 | 4856 | Coene Ronny | KAAG | 5.24m +0.8 | M45 | 70 | BK2 M45 |
| 5 | 4178 | Berckmans Gilles | RIWA | 5.13m +0.5 | M40 | 76 | BK3 M40 |
| 6 | 4349 | Chantry Francois | CABW | 5.02m +0.6 | M45 | 71 | BK3 M45 |
| 7 | 5255 | Cherlet Marc | KAAG | 5.01m -0.4 | M45 | 68 | |
| 8 | 6039 | Gillis-d'hamers Philip | LOND | 4.89m +0.3 | M40 | 74 | |
| 9 | 7360 | Roufosse Bernard | USBW | 4.70m +0.4 | M45 | 68 | |
| 10 | 6075 | Herregodts Yves | VITA | 4.69m +0.1 | M45 | 70 | |

5000 meter Mas Heren M50 M55 Uur=16:58

| | | | | | | | |
|---------|------|--------------------|------|----------|-----|----|---------|
| Reeks:1 | | | | | | | |
| 1 | 6086 | Vandebosch Patrick | ADD | 16'13.21 | M50 | 66 | BK1 M50 |
| 2 | 4858 | Van Asbroeck Luc | KAAG | 17'04.79 | M50 | 65 | BK2 M50 |
| 3 | 6070 | Verstraete Didier | MACW | 17'18.18 | M50 | 67 | BK3 M50 |
| 4 | 6277 | Redmond* Dermot* | DAC | 17'28.13 | M50 | 62 | |
| 5 | 4715 | Van Aelst Dirk | AVZK | 17'51.96 | M50 | 64 | |
| 6 | 5113 | Lannoo Dirk | AVMO | 18'11.38 | M50 | 63 | |
| 7 | 7047 | Swalens Dirk | AVT | 18'12.52 | M50 | 63 | |
| 8 | 5188 | Huberland Thierry | DCLA | 18'39.92 | M55 | 61 | BK1 M55 |
| 9 | 7046 | De Mars Kristiaan | SPVI | 18'41.34 | M55 | 61 | BK2 M55 |
| 10 | 4975 | Bultinck Marc | DEIN | 18'52.73 | M55 | 58 | BK3 M55 |
| 11 | 5722 | D'hoedt Jan | OEH | 19'30.17 | M55 | 59 | |
| 12 | 5208 | Cambier Piet | RCG | 21'31.05 | M55 | 62 | |

kogel 3,000kg W50+ Mas Dames W60+ Uur=18:02

| | | | | | | | |
|---------|------|---------------------|------|-------|-----|----|---------|
| Reeks:1 | | | | | | | |
| 1 | 4022 | De Keyzer Odette | STAX | 9.17m | W65 | 51 | BK1 W65 |
| 2 | 2739 | Joye Carine | JSMC | 8.40m | W60 | 56 | BK1 W60 |
| 3 | 3156 | De Ridder Godelieve | WS | 8.05m | W60 | 56 | BK2 W60 |
| 4 | 3607 | Heyrman Leen | ACW | 7.99m | W60 | 56 | BK3 W60 |
| 5 | 2796 | Joannes Claire | DAMP | 7.15m | W70 | 46 | BK1 W70 |
| 6 | 4214 | Mertens Martine | MAC | 6.70m | W60 | 54 | |
| 7 | 4137 | Franckx Magda | BRAB | 6.20m | W70 | 46 | BK2 W70 |
| 8 | 3924 | Paps Maria | LOOI | 5.66m | W65 | 48 | BK2 W65 |
| 9 | 3724 | Tanghe Jeannine | AVR | 5.62m | W65 | 50 | BK3 W65 |
| 10 | 3994 | Perneel Regina | FLAC | 5.36m | W65 | 51 | |
| 11 | 4431 | Starckx Christiana | ACW | 5.15m | W65 | 49 | |

kogel 2,000kg W75+ Mas Dames W75+ Uur=18:00

| | | | | | | | |
|---------|------|-----------------|------|-------|-----|----|-----|
| Reeks:1 | | | | | | | |
| 0 | 3824 | Hanssens Rachel | ASVO | 6.74m | W85 | 29 | BK1 |

discuswerpen 1,000kg Mas Dames W50 W55 Uur=17:32

| | | | | | | | |
|---------|------|----------------------|------|--------|-----|----|---------|
| Reeks:1 | | | | | | | |
| 1 | 3416 | De Wolf Kathleen | RAM | 28.96m | W50 | 67 | BK1 W50 |
| 2 | 4382 | Vos Ingrid | ACW | 27.87m | W50 | 66 | BK2 W50 |
| 3 | 3951 | Lenaers Regina | ACW | 23.25m | W50 | 63 | BK3 W50 |
| 4 | 3205 | Xhonneux Monique | LACE | 22.69m | W55 | 59 | BK1 W55 |
| 5 | 4061 | De Souter Kristel | VOLH | 21.79m | W50 | 66 | |
| 6 | 2798 | Grigolato Martine | USTA | 20.31m | W55 | 58 | BK2 W55 |
| 7 | 2561 | Vandenbroeck Martine | RIWA | 19.02m | W55 | 60 | BK3 W55 |
| 8 | 3006 | Cambier Brigitte | USTA | 13.58m | W55 | 61 | |

5000 meter Mas Heren M40 M45 Uur=18:04

| | | | | | | | |
|---------|------|------------------|------|----------|-----|----|---------|
| Reeks:1 | | | | | | | |
| 1 | 6640 | Verschoren Bart | DAC | 16'09.21 | M40 | 77 | BK2 M40 |
| 2 | 4703 | Kluskens John | LAT | 16'20.58 | M45 | 70 | BK1 M45 |
| 3 | 4819 | Wils Johan | ACHL | 16'24.37 | M40 | 74 | BK1 M40 |
| 4 | 5241 | De Rycke Kristof | ACW | 16'29.41 | M40 | 76 | BK3 M40 |
| 5 | 5939 | Van Hoebroek Ali | VOLH | 16'34.94 | M45 | 71 | BK2 M45 |
| 6 | 6382 | Stuyven Gert | AVLO | 16'35.57 | M40 | 73 | |

| | | | | | | | |
|----|------|-------------------|------|----------|-----|----|---------|
| 7 | 4877 | Poortmans Joachim | DUFF | 16'41.49 | M40 | 76 | |
| 8 | 5989 | Alleman Dominique | MACW | 17'12.05 | M45 | 72 | BK3 M45 |
| 9 | 5303 | De Corte Bruno | VITA | 17'15.09 | M40 | 74 | |
| 10 | 4886 | Binnemans Koen | VMOL | 17'38.79 | M40 | 76 | |
| 11 | 4611 | Potiaux Alain | OSGA | 18'25.96 | M45 | 70 | |
| 12 | 6273 | Penne Mario | VITA | 18'52.43 | M40 | 72 | |
| 13 | 5507 | Verlinden Jurgen | ZA | 19'07.28 | M40 | 75 | |
| 14 | 5564 | Raskin Lode | ADD | 19'23.84 | M45 | 69 | |
| | 4702 | Segers Davy | DCLA | NA | M40 | 77 | |

5000 meter Mas Heren M35 Uur=17:33

Reeks:1

| | | | | | | | |
|----|------|---------------------|------|----------|-----|----|---------|
| 1 | 5377 | Heemskerk Steven | ATLA | 15'24.61 | M35 | 78 | BK1 M35 |
| 2 | 5773 | Vandermeersch Henk | AVR | 15'56.53 | M35 | 78 | BK2 M35 |
| 3 | 4806 | Van Damme Steve | RCG | 16'15.65 | M35 | 79 | BK3 M35 |
| 4 | 3921 | Demaerschalk Jerome | OCAN | 16'25.22 | M35 | 80 | |
| 5 | 5787 | Wouters Roel | ACBR | 16'28.06 | M35 | 78 | |
| 6 | 4697 | Emere Benjamin | OSGA | 16'45.64 | M35 | 82 | |
| 7 | 3834 | Cailleau Benjamin | OSGA | 16'54.28 | M35 | 80 | |
| 8 | 5533 | Deschodt Bert | AZW | 17'02.94 | M35 | 81 | |
| 9 | 4898 | Hendrickx Wannes | VMOL | 17'09.07 | M35 | 78 | |
| 10 | 4689 | Putzeys Mathieu | SMAC | 17'16.03 | M35 | 78 | |
| 11 | 6045 | D'Hondt Gunter | ASSA | 17'27.00 | M35 | 79 | |
| 12 | 6952 | Van Keymeulen Kurt | VITA | 19'29.71 | M35 | 81 | |

verspringen Mas Heren M35 Uur=18:17

Reeks:1

| | | | | | | | | |
|---|------|-------------------------|------|-------|------|-----|----|---------|
| 1 | 6481 | Muyldermans Bert | SPVI | 6.06m | -0.5 | M35 | 78 | BK1 M35 |
| 2 | 5625 | Bogaert Tommy | STAX | 5.81m | +0.0 | M35 | 81 | BK2 M35 |
| 3 | 4495 | Rassart Benoit | ACLO | 5.54m | -0.3 | M35 | 81 | BK3 M35 |
| 4 | 6433 | Thys Rob | ABES | 5.45m | -0.4 | M35 | 78 | |
| 5 | 6707 | Van Havere Kevin | SPVI | 4.99m | +1.5 | M35 | 81 | |
| 6 | 6804 | Constant Stefaan | VOLH | 4.55m | -0.2 | M35 | 77 | |
| 7 | 4565 | Debattice Jean Philippe | SER | 4.52m | -0.1 | M35 | 79 | |

5000 meter Mas Heren M60+ Uur=18:04

Reeks:1

| | | | | | | | |
|----|------|-------------------|------|----------|-----|----|---------|
| 1 | 5261 | Nauwelaers Cris | WIBO | 18'50.38 | M60 | 57 | BK1 M60 |
| 2 | 6025 | Pittevils Luc | LOOI | 19'10.87 | M65 | 52 | BK1 M65 |
| 3 | 6308 | Verbeek Paul | BERT | 19'18.09 | M60 | 54 | BK2 M60 |
| 4 | 4174 | Despontin Luc | RCB | 20'45.46 | M65 | 48 | BK2 M65 |
| 5 | 6226 | Van Noten Omer | ROBA | 20'59.46 | M65 | 47 | BK3 M65 |
| 6 | 5083 | Govaerts Kris | ACA | 21'36.72 | M65 | 52 | |
| 7 | 5710 | Van Assche Pierre | SPBO | 21'44.55 | M70 | 44 | BK1 M70 |
| 8 | 6422 | Beeuwsaert Dirk | KKS | 22'36.03 | M70 | 44 | BK2 M70 |
| 9 | 4071 | Pirotte Armand | HUY | 23'12.00 | M60 | 54 | BK3 M60 |
| 10 | 4873 | Janssens Herman | GRIM | 23'59.45 | M75 | 40 | BK1 M75 |
| 11 | 6528 | De Pauw Rudy | ACHL | 24'24.60 | M70 | 46 | BK3 M70 |

110m horden 1,00m M35-40- Mas Heren Uur=01:30

Reeks:1

| | | | | | | | |
|---|------|------------------|------|-------|-----|----|-----|
| | | Wind : 1.0 | | | | | |
| 1 | 5709 | De Smedt Serge | ATAC | 17.13 | M40 | 73 | BK1 |
| 2 | 6166 | Koekelkoren Bart | RCT | 20.98 | M40 | 73 | BK2 |
| 3 | 4140 | Joiris Jeremy | DAMP | 21.82 | M40 | 75 | BK3 |
| 4 | 4817 | Jacobs Stijn | ACHL | 23.70 | M40 | 77 | |